

The City of Perrysburg is committed to providing you with the latest and most accurate information in regards to COVID-19. Although we have limited in-person contact with employees and the general public, we will continue to operate and will continue to be here and help those in need.

During a pandemic crisis, EMS transport will continue to run. Still call 911 for emergencies. If you have a medical emergency and need to call 911, notify the dispatch personnel that you have, or are being evaluated for COVID-19. If possible, put on a facemask before emergency medical services arrive. Please note: EMS will not transport you to be tested unless you are having a medical emergency.

Additionally, the Center for Disease Control and Prevention (CDC) provides helpful information and steps to take if you think you have COVID-19.

Monitor your symptoms:

- Seek medical attention: Seek prompt medical attention if your illness is worsening (e.g., difficulty breathing).
- Call your doctor: Before seeking care, call your healthcare provider and tell them that you have, or are being evaluated for, COVID-19.
- Wear a facemask when sick: Put on a facemask before you enter the facility. These steps will help the healthcare provider's office to keep other people in the office or waiting room from getting infected or exposed.
- Alert health department: Ask your healthcare provider to call the local or state health department. Persons who are placed under active monitoring or facilitated self-monitoring should follow instructions provided by their local health department or occupational health professionals, as appropriate.

The CDC's website does provide more information on what to do if you are sick:

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>

These are unprecedented and uncertain times. If you are experiencing anxiety or distress, please seek help from a medical professional. The CDC also provides information on how to cope with anxiety as it relates to COVID-19. The link is below.

<https://coronavirus.ohio.gov/wps/portal/gov/covid-19/home/coping-with-covid-19-anxiety/covid-19-and-anxiety>